

IBA
Purchase Department
RFQ
Gym & Health Equipment

S.#.	Item	Description / Specification	Qty
<u>Dumbbells</u>			
01	Dumbbells 24 kg	Rubber Coated Iron Dumbbells	01 pair
02	Dumbbells 20 kg	Rubber Coated Iron Dumbbells	01 pair
03	Dumbbells 16 kg	Rubber Coated Iron Dumbbells	02 pairs
04	Dumbbells 14 kg	Rubber Coated Iron Dumbbells	02 pairs
05	Dumbbells 12 kg	Rubber Coated Iron Dumbbells	03 pairs
06	Dumbbells 10 kg	Rubber Coated Iron Dumbbells	03 pairs
07	Dumbbells 08 kg	Rubber Coated Iron Dumbbells	03 pairs
08	Dumbbells 04 kg	Rubber Coated Iron Dumbbells	03 pairs
09	Dumbbells 02 kg	Rubber Coated Iron Dumbbells	03 pairs
<u>Plates</u>			
01	Plates 20 kg	Rubber Coated Cast Iron Plate	04 units
02	Plates 15 kg	Rubber Coated Cast Iron Plate	04 units
03	Plates 10 kg	Rubber Coated Cast Iron Plate	06 units
04	Plates 08 kg	Rubber Coated Cast Iron Plate	06 units
05	Plates 06 kg	Rubber Coated Cast Iron Plate	08 units
06	Plates 05 kg	Rubber Coated Cast Iron Plate	08 units
07	Plates 04 kg	Rubber Coated Cast Iron Plate	08 units
08	Plates 03 kg	Rubber Coated Cast Iron Plate	08 units
09	Plates 02 kg	Rubber Coated Cast Iron Plate	08 units
10	Plates 01 kg	Rubber Coated Cast Iron Plate	08 units
<u>Equipment</u>			
01	Flat Benches	Main frame 14 gauge pipe , support frames 16 swg	02 units
02	Adjustable benches	Main frame 14 gauge pipe, support frames 16 swg	02 units
03	<u>Four Station Machine</u> 02 back pulleys 01 triceps push – down pulley 01 seated cable row pulley	Main frame 14 gauge pipe, support frames 16 swg	01 unit
04	Preacher Curl Machine	Main frame 14 gauge pipe, support frames 16 swg	01 unit
05	Squatting Stand	Main frame 14 gauge pipe, support frames 16 swg	01 unit
06	Leg Press Machine	Main frame 14 gauge pipe, support frames 16 swg	01 unit
07	Leg Curl / extension (adjustable) Machine	Main frame 14 gauge pipe, support frames 16 swg	01 unit
08	Crunches Bench	Main frame 14 gauge pipe, support frames 16 swg	01 unit
09	Adjustable Roman Chair	Main frame 14 gauge pipe, support frames 16 swg	01 unit
<u>Barbell Rods</u>			
01	E-Z bar Rods (4ft)	Chrome Mild Steel Rod	02 units
02	Small Barbell rods for biceps curls (3ft)	Chrome Mild Steel Rod	04 units
03	Large Barbell rods for bench press, Shoulder presses & squats (6ft)	Chrome Mild Steel Rod	04 units
<u>Stands</u>			
01	Arms Curling Seat / Stand	Main frame 14 gauge pipe, support frames 16 swg	02 units
02	Arms Curling Stand	Main frame 14 gauge pipe, support frames 16 swg	02 units
03	Dumbbells / Plates Stand (10 rods for plates)	Main frame 14 gauge pipe, support frames 16 swg	01 unit

Note: Quotations be provided to Purchase Department latest by June 29, 2010.