

IBA
Purchase Department

Gymnasium / Sports Equipments
for
IBA Boys Hostel

RFQ

Dumbbells

1	24 kg	1	Pair
2	20 kg	1	Pair
3	16 kg	2	Pairs
4	14 kg	2	Pairs
5	12 kg	3	Pairs
6	10 kg	3	Pairs
7	8 kg	3	Pairs
8	4 kg	3	Pairs

Plates

1	20 kg	8	Units
2	15 kg	6	Units
3	12 kg	6	Units
4	10 kg	6	Units
5	05 kg	8	Units
6	02 kg	10	Units

Equipments

1	Incline Bench Press	1	Units
2	Flat Bench Press Bench	1	Units
3	Flat Benches	2	Units
4	Adjustable inclined Benches	2	Units
	Four Station Machine:		
5	02 back pulleys	1	Units
	01 triceps push-down pulley		
	01 seated cable row pulley		
6	Preacher Curl Seat	1	Units
7	Squatting Stand	1	Units
8	Leg Press Machine	1	Units
9	Leg Curl Machine	1	Units
10	Leg Extension Machine	1	Units
11	Crunches Bench + Stand	1	Units
12	Adjustable Roman Chair	1	Units

Barbell Rods

1	E-Z Bar Rods (4 ft.)	2	Units
2	Small Barbell rods for bicep curls (3 ft.)	2	Units
3	Large Barbell rods for Bench press, Shoulder Presses and Squats (6 ft.)	4	Units

Note: Quotations must reach Purchase Office within 02 working days

